

Kim “Passes the Torch” to Julie, the New Executive Director of HAVEN

As we come closer to ending another year, I am forever grateful for the love and support of the HAVEN advocates and volunteers. The work you do is tough and at times, extremely dangerous and emotionally heavy. However, your hearts are full and the dedication to empower survivors of interpersonal abuse and end violence is doing the meaningful, important work to ensure a safe future to all.

To our donors and supporters, your gift of in-kind donations and monetary support allows us to keep moving forward. We continue to struggle with sustainable funding with the ever-changing reallocations of state and federal grants but your consistency and motivation to help us throughout the year keep us going.

And to the survivors, you are believed, you are loved and you will forever be the inspiration for me to keep fighting for you. I am always with you in spirit. - Kim



Greetings everyone! I would like to start by expressing my overwhelming gratitude to Kim West who has led the HAVEN team for the past few years. Kim has done amazing things for us and will be missed beyond words. With that being said, she has left some very big shoes to fill. I am extremely grateful for the opportunity to do just that. With the New Year upon us we will navigate through the changes as a team. I want to say thank you to all our advocates, staff and volunteers for their commitment and always going above and beyond. Your dedication is unparalleled. Thank you to our board members and all that have donated items, funds and time. Last but definitely not least, thank you to our community partners for welcoming our networking capabilities. HAVEN appreciates each and every one of you who has contributed to our continued success. Wishing you all a Happy and Safe Holiday Season! - Julie

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Edited by Esther Schulz

Mission Statement

HAVEN is a champion to people who have experienced abuse. We provide safety, shelter and assistance to victims and survivors in a free and confidential manner. Through education and advocacy, we support their journey of empowerment to achieve economic and emotional independence.

Best Practices for Parents Discussing Online Safety with Your Kids

- Be proactive—talk with your child about the dangers of human trafficking and how to be safe online.
- Know who your child is interacting with, both in person and online. Set limits and monitor your child's online communication, limit their chatting to people you have met and know personally.
- Traffickers often use the argument that the victim is “damaged goods.” Be sure you let your kids know that they can always come to you, that the abuse was never their fault, and that you love them unconditionally.
- Help your kids identify other safe people they can talk to if they ever find themselves in this kind of situation, i.e. doctors, counselors, teachers.
- Remember if they have been groomed or abused, they may have conflicting feelings about the perpetrator and may not understand right away—seek professional help if needed.
- Explain the dangers and importance of boundaries. Be a parent first, then a friend.
- Look for teachable moments: Different age groups require different approaches, encourage them to pause before sending.
- Check privacy settings and develop a phone/technology “contract”: Set boundaries up front such as no app downloads without pre-approval.
- Utilize Parental Control Software to limit screen time and designate “tech free times” to do family activities.

Online Gaming Video Game Facts

- More than eight-in-ten teens (84%) say they have a game console at home or have access to one.
- An overwhelming 92% of teen boys have access to a game console, compared with 75% of girls.
- Online gaming is a \$35.4 billion industry/year.

Teen, Social Media and Technology 2018 - Pew research

<https://www.common sense media.org/articles/18-social-media-apps-and-sites-kids-are-using-right-now>

Guidelines for Online Gaming Use

- Private chat groups limited to age appropriate/people they know personally.
- Set limits and stick to it – explain why.
- Consider writing it out – develop a “contract” of your expectations, sign and date with your child.
- Connect with other parents – share concerns and ask that they respect your values.

Source: <https://fiercefreesdom.org/wp-content/uploads/2021/04/Online-Gaming-Safety-from-Fierce-Freedoms-Safer-at-Home-Series.pdf>

Fortnite



Why is it popular?

- 250 million players.
- Fortnite is a video game for PlayStation 4, Xbox One, Nintendo Switch, Windows, Mac, and mobile that takes elements from sandbox-building games and adds the fast-paced action of a third-person shooter.
- There are two modes to the game: a solo version called Save the World and the hugely popular multiplayer version called Battle Royale.

What do I need to know?

- Highly addictive, kids are being treated for Internet Gaming Disorder.
- Twitch channel has 124 million hours watched online in the last 30 days.
- The game's online chat feature could expose younger players to offensive language or mature content from random strangers.
- Also sets unrealistic expectations for “professional gamers” or “eAthletes” when some studies show the chances of making a career of gaming are .01% or lower.

Parents' Ultimate Guide to Fortnite – Common Sense Media.

<https://www.commonsensemedia.org/articles/parents-ultimate-guide-to-fortnite>

Fortnite concerns: Doctors Seeing Game-Obsessed Children for Health Issues.

<https://www.ajc.com/news/national/fortnite-concerns-doctors-seeing-game-obsessed-children-for-health-issues/xhtivTJOpU8IKISa70o11M/>

Discord



Why is it popular?

- 250 million active users.
- A place for gamers to chat while playing video games that has become a bigger platform where users can use text, voice-chat, and video-chat to discuss a wide variety of topics.

What do I need to know?

- Discord has had problems with hostile behavior and abuse within chats. This includes flooding with controversial topics including underage “furry” pornography and revenge porn.
- 36 percent of daily users experienced harassment (physical, sexual or emotional) on Discord specifically.
- You're technically supposed to be at least 13 to use the service, but Discord doesn't check age when you sign up.

18 Social Media Apps and Sites Kids Are Using Right Now – Common Sense Media

<https://www.commonsensemedia.org/articles/18-social-media-apps-and-sites-kids-are-using-right-now>

PREVENTING TEEN DATING VIOLENCE

Teen dating violence (TDV), also called “dating violence,” is an adverse childhood experience that affects millions of young people in the United States. Dating violence can take place in person, online, or through technology. It is a type of intimate partner violence (IPV).

How big is the problem?

Teens often think some behaviors, like teasing and name-calling, are a “normal” part of a relationship. However, these behaviors can become abusive and develop into serious forms of violence. Many teens do not report unhealthy behaviors because they are afraid to tell family and friends.

Teen dating violence is common. Data from CDC's Youth Risk Behavior Survey in 2019 indicate that among U.S. high school students who reported dating during the 12 months before the survey:

- ♥ About 1 in 12 experienced physical dating violence.
- ♥ About 1 in 12 experienced sexual dating violence

What are the consequences?

Unhealthy, abusive, or violent relationships can have short-and long-term negative effects, including severe consequences, on a developing teen. Youth who are victims of teen dating violence are more likely to:

- ♥ experience depression and anxiety symptoms
- ♥ engage in unhealthy behaviors, like using tobacco, drugs, and alcohol
- ♥ exhibit antisocial behaviors, like lying, theft, bullying, or hitting
- ♥ think about suicide



How can we prevent teen dating violence?

| | |
|---|---|
|  | Teach safe and healthy relationship skills <ul style="list-style-type: none"> • Social-emotional learning programs for youth • Healthy relationship programs for couples |
|  | Engage Influential adults and peers <ul style="list-style-type: none"> • Men and boys as allies in prevention • Bystander empowerment and education • Family-based programs |
|  | Disrupt the developmental pathways toward partner violence <ul style="list-style-type: none"> • Early childhood home visitation • Preschool enrichment with family engagement • Parenting skill and family relationship programs • Treatment for at-risk children, youth, and families |
|  | Create protective environments <ul style="list-style-type: none"> • Improve school climate and safety • Improve organizational policies and workplace climate • Modify the physical and social environments of neighborhoods |
|  | Strengthen economic supports for families <ul style="list-style-type: none"> • Strengthen household financial security • Strengthen work-family supports |
|  | Support survivors to increase safety and lessen harms <ul style="list-style-type: none"> • Victim-centered services • First responder and civil legal protections • Treatment and support for survivors of IPV, including teen dating violence • Housing programs • Patient-centered approaches |

Source: <https://www.cdc.gov/violenceprevention/intimatepartnerviolence/teendatingviolence/fastfact.html>

HAVEN'S WISH LIST

Contact HAVEN at 715-536-1300

Donations can be dropped off at
HAVEN,
1106 E 8th St, Merrill, WI 54452,
during business hours,
Monday - Friday
8:00AM - 4:30 PM.

Thank you!

- ◆ 13-gallon kitchen garbage bags
- ◆ Merrill-Go-Round bus tokens
- ◆ Merrill Chamber gift certificates
(\$25 increments for gas/
emergency needs)
- ◆ Toilet bowl cleaner
- ◆ Toilet paper
- ◆ Gas cards
- ◆ Postage stamps
- ◆ Plastic shower curtains

VOLUNTEER OPPORTUNITIES



We know that individual skills and interests vary and that not everyone can volunteer the same amount of time. Therefore, we offer many opportunities with various time commitments.

Child Care/Child Activities: Come to the shelter and read a book or do any activity with the kids. Full volunteer training will be provided.

Transportation: Transport clients to various appointments when needed, and/or transport clients to the shelter (may include locations in the area). Must have a valid driver's license and liability insurance.

Auto Mechanic: Evaluate automobile problems and/or service automobiles. May include oil change, minor repairs, etc.

Fundraising: Plan and organize events to raise money and/or items for HAVEN.

We welcome all individuals to apply as volunteers who are committed to our cause. Volunteer opportunities can range from short-term to long-term, and locally or remotely.

If you are interested in becoming a HAVEN volunteer, please contact HAVEN at 715-536-1300 or email Jan at volunteercoordinator@haveninc.org

We look forward to hearing from you!



STAY CONNECTED
WITH US!

Follow us on
Social Media!

facebook

www.facebook.com/HavenIncLincolnCountyWI

Instagram

[https://instagram.com/haveninc.advocate?
igshid=YmMyMTA2M2Y=](https://instagram.com/haveninc.advocate?igshid=YmMyMTA2M2Y=)

HAVEN can email you the newsletter.

If you are interested, please call

715-536-1300 or email

esther@haveninc.org



You can also find a PDF version of our newsletter at <http://www.haveninc.org/>

Click on NEWSLETTER

THANK YOU, DONORS

Our sincere thanks to the donors listed below, who made contributions and in-kind donations to HAVEN, Inc. for the year 2022. We have made every effort to acknowledge these gifts correctly. Please contact us and accept our apologies should any error or omission be discovered.

Prevail Bank presented HAVEN, Inc. with a generous donation!
We thank you for joining us in supporting victims/survivors of abuse.



Merrill Chiropractic hosted a Giving Tree supporting HAVEN, Inc.

All tags were taken and the gifts were brought to HAVEN to give to our clients in need.

They also collected general donations such as laundry soap, paper products, household cleaners, personal care items, etc.

Thank you, Trinity Lutheran Church, for opening your hearts to give families a touch of the Christmas joy. All tags were taken off of the Giving Tree and Trinity Church members will continue to pray for those who will receive these gifts.



Culver's hosted an all-day fundraiser for HAVEN, Inc., presenting us with a check for \$804!

Thank you to everyone who ate the delicious food and to Pat for making the wonderful baked goods.



Park City Credit Union held a social media competition which allowed participants to choose a nonprofit they are passionate about. As a result, we were the recipient of \$100! Thank you to everyone who voted for us!



Allen and Carol Crevier
Althea Schaepe
Andrea Fenner
Ann Pinnow
Barbara Schemelling
Carol Finanger
Catherine Lemay – Brown
Cathy Wendt
Chris Gano
Christian and Evelyn Lee
Christine Imhoff
Christine Knauer
Christine Vorpagel
Christopher Graham
Clarann Stocker
Coleen Brock
David Sukow
Dawn Roberts
Dee Wimmer
Donald Hostvedt
Doris Neubauer
Edward Gruett
Gailyn Hernandez
George Janssen
George Amelse
Ginny O'Brien
Gloria Ziolkowski
Grace Bernal
Gregory Gill
Harlan and Phyllis Fausch
Harriet Henrich
Holli Radtke
Ione Koehler
Irma Stine
Jacqueline Johnson
James Blair
Jean Perkins
Jeff Schneider
Jeffery Peterson
Jennifer Oestreich

Jo Ann Hass
Jody Renaud
Joe and Mary Zahringer
John Link
June Kriewald
Karen Jantz
Karen Karow
Karen Moody
Karlene Bebel
Kathi Zoern
Ken and Lori Neff
Kevin Hill
Kimberly and Andrew Yuds
Kristi Krombholz
Larry and Eileen Guthrie
Lela Hinz
Lin Kenworthy
Linda Osimitz
Linda Schmidt
Lori Karow
Marcia Henke
Mardel Simon
Marie Jeske
Marlene Ley
Mary Lagerbloom
Michelle Brown
Mike Hamann
Mike Schmidt
Monika Krautkramer
Nancy Lehman
Neely and Martha Owen
Nina Lee
Patrick Moreland
Paulette Robinson
Pete and Barb McConnell
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Randy Olhman
Rene Daley
Richard and Mary Akey
Rick and Barb Ament

Roger Pilecky
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 Sheila Frederick
 Sheila Link
 Sherry Barsky
 Sue Kunkel
 Sue Norenberg
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 Triva Schmidt
 Ty Asmundson
 Vanessa Houghton
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 AMC of Wis. LLC.
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 CM Cares
 Courtside Furniture
 Culver's
 Diamond Rock Glass Studio
 Auto Diels
 Fraternal Order of Eagles
 Grand Stand
 Home Medical
 John Geiss
 Journey Church
 Kindhearted Home Care
 Krueger Plumbing
 Merrill Lions Club
 North 4th Strength LLC.
 Our Savior Lutheran Church
 Park City Credit Union
 PCA-Tomahawk Mill
 Redeemer Ladies Guild
 Sierra Pacific

Community Foundation of North Central Wisconsin
 St. John Lutheran Church
 St. Stephen Church
 T. B. Scott Library
 Tomahawk Furniture
 Tomahawk United Methodist Church
 Trinity Dorcas Society
 Trinity School
 Turenne Construction
 United Methodist Women
 Witthoft Apprill Foundation

HAVEN Inc.

1106 E 8th St, Merrill, WI 54452

Phone: 715-536-1300

Fax: 715-536-3816

Email: executivedirector@haveninc.org

HAVEN Board of Directors

Dawn Ives, President

Linda Schmidt, Vice-President

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HAVEN Staff

Executive Director: Julie

Finance Officer: Deanna

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Community Educator: Nancy

Bilingual Advocate: Esther

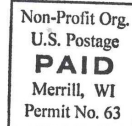
Volunteer Coordinator: Jan

Youth and Family Advocate: McKenzie

Maintenance: Ulla

Shelter Advocates :

▪Amy K. ▪Chelsea M. ▪Janice E. ▪Sarah M. ▪Savanna R.
 ▪Dawn P.



Become a Monthly Donor

We rely on the generosity of many individuals and groups to support our work in Lincoln County and the surrounding areas. Please consider becoming a MONTHLY DONOR. Your hassle-free, recurring donation will provide a consistent and reliable source of funds that will allow us to continue supporting individuals and families who have experienced interpersonal abuse.

First Name _____ Last Name _____
Address _____
Email Address _____ Phone # _____
☐ Please email me HAVEN's quarterly newsletter

• I wish to become a monthly contributor with the amount of: _____
☐ \$10 ☐ \$15 ☐ \$25 ☐ Other \$ _____ /Month

Pre-authorized withdrawal on the _____ of each month (voided check enclosed)

Signature _____ Date Signed _____

This donation is made by: ☐ Individual ☐ Business ☐ In memory of: _____

☐ I understand that my gift is ongoing and it will be deducted on a monthly basis.

☐ I understand that I can change or cancel my contribution at any time within five working days.

☐ Please send me a tax receipt

Instead of a monthly contribution, I would like to give one time donation in the amount of: _____

\$ _____
☐ My check is enclosed