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## RHEUMATOID ARTHRITIS SYMPTOMS

### REDUCED BY TAKING WISCONSIN GINSENG IN NEW CLINICAL TRIAL

Marathon, WI – The talk of Rheumatoid Arthritis (RA) and the pain levels that are associated with the disease are on the rise as millions of RA patients find themselves defeated and out of viable options. This is changing as more and more individuals are looking to herbal treatments, such as Wisconsin Ginseng, for a cost-effective, non-invasive and natural solution to their RA symptoms.

In a randomized, Double-Blind Clinical Trial, researchers at the Department of Rheumatism and Immunology - Zhejiang Provincial Hospital of Chinese Medicine, recently completed an eight-week study to evaluate the efficacy of Wisconsin Ginseng (*Panax Quinquefolius*) to Rheumatoid Arthritis (RA) symptoms. The study lasted eight weeks, with prescription medications, diet and lifestyles kept constant. Participants were to receive and compare 3,000 mg of Wisconsin Ginseng each day, 6,000 mg/day and a placebo pill. All packages of Wisconsin Ginseng and placebo were indistinguishably identical.

According to the study, the trial provided evidence in Wisconsin Ginseng being “effective against RA fatigue and inflammation at a dose of 3,000 mg/day”. It was noted that “significant effectiveness” was shown at 6,000mg/day appearing to increase energy, decrease fatigue, inflammation, functional disability and secondary massagers more than did a placebo”. In fact, those taking 3,000 mg/day for eight-weeks demonstrated that patients’ energy had increased by 20% and fatigue decreased by 20% points. Those taking 6,000 mg/day saw an increased energy of 34% and a decrease in fatigue by 36% points.<sup>i</sup>

To read the full study published in the International Journal of Chinese Medicine, please visit our website at <http://www.ginsengherbco-op.com/page/benefits-of-wisconsin-ginseng>.

For more information about Wisconsin Ginseng, visit [www.ginsengherbco-op.com](http://www.ginsengherbco-op.com). To be assured of purchasing genuine Wisconsin Ginseng, look for the Wisconsin Ginseng Seal.

\*Results of taking Wisconsin Ginseng capsules may vary. Please note these findings were realized through a controlled study. Dietary supplement products are not regulated in the same way as prescription drugs. Ginseng available in stores may be different than Ginseng used in this study. It is extremely important for people to be informed when purchasing over the counter products. There are many online resources to help people become informed about dietary supplements, one is the website for the National Center for Complementary and Alternative Medicine at the National Institutes of Health.

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<sup>i</sup>Vandenhouten Eric Eugene, Song Xinwei. A Randomized, Double-Blind Clinical Trial for Effect of Wisconsin Ginseng (*Panax quinquefolius*) in Improvement of Rheumatoid Arthritis Associated Fatigue. International Journal of Chinese Medicine. Vol. 4, No. 4, 2020, pp. 71-81. doi: 10.11648/j.ijcm.20200404.11