

# The Atlas Times

Issue # 10

Baker - Borski Chiropractic, S.C.

October 2017

Happy Halloween, kids!



Welcome to the following New Patients!

Darwin B.	Julie H.
Joel H.	Joel K.
Charles D.	Lavonda G.
Tom H.	Griffen K.
Brianna K.	Gina P.
Bryant P.	Spade S.
Adam S.	Adam S.

Thank you for your referrals!

Ethel B.	Dr. Deal & Judy E.
Misty S.	Brad K.
Brent & Marcie S.	Caitlin N.
Allyson S.	

Welcome back!

Carol B.	Shirley G.
Don P.	Jack R.

Thank you for the treats, recipes & gifts

Dr. Deal	Sherri M.
Sylvia M.	Mary J.

***The office will be closed  
Friday, Oct. 20<sup>th</sup> for the  
doctors to attend classes.  
Both doctors will be in all day  
Thursday, Oct. 19<sup>th</sup>.***



**Patient Appreciation Days!  
October 24<sup>th</sup> for our  
patients, Oct. 27<sup>th</sup> for New  
Patients:**

We want to invite our patients to participate in Patient Appreciation Days. Without your gratitude and referrals of family, friends and colleagues we could not be here to provide our services.

**Flu Vaccine Campaign – Trick or Treat?!**

They claim it could protect you from similar viruses. This is very unlikely as viruses are very antigen-specific. Yes, you can get sick from the vaccine and many do. Either the vaccine is compromised or your immune system cannot handle the vaccine and you succumb to whatever is out there anyway. Canada forbids this vaccination for children under 5 yoa. due to safety issues. A recent scientific study in Japan showed that **taking Vitamin D** is as effective as the flu vaccine (without the dangerous risks and side effects) in preventing the flu. Here's a statistic that should frighten you:

Study by the Cochrane Collaboration, 2006: Efficacy of Flu Vaccine for Children under 5 years of age.

From 1999-2002, flu deaths for children in this age group fell each year to below 20 deaths, but in 2003 with the CDC's recommendation to vaccinate

young children, that percentage rose to about 90 deaths.

A clinical study conducted by the Division of Molecular Epidemiology at the Jikei University School of Medicine Minatoku in Tokyo, Japan found that administering **Vitamin D was extremely effective at halting influenza infections in children.**

This was a “gold standard” study: a placebo controlled double blind study of 334 children, half given 1200 IU’s of Vitamin D3. It resulted in an 8% reduction of influenza cases vs. the vaccine having a reduction of 1%. Vitamin D has also been shown effective for depression, arthritis, cancer and asthma.

ajcn.org; naturalnews.com

### **Wisconsin Chiro Kids Day**

Please watch for TV, newspaper and website/Facebook announcements regarding this special day!



### **Top Ten reasons parents take their children to a chiropractor:**

- 1. To encourage their child's optimal brain and nervous system development.**
- 2. To support their child's nerve communication throughout the body for optimal health and wellness.**
- 3. To help strengthen their child's immunity – encouraging fewer colds, earaches, and general illness.**
- 4. To help resolve breastfeeding issues with their child.**

- 5. To help resolve their child's crying/colic issues.**
- 6. To support the digestive strength of their child.**
- 7. To diminish nerve interference which may impact their child's capacity to learn and concentrate.**
- 8. To help resolve their child's poor posture, asthma, allergies, and bedwetting.**
- 9. To deepen their child's sleep and be more well rested.**
- 10. To balance the overall energy of their child.**

CNN iReport 9/21/2015

### **Chiropractic and Children**

The safety and effectiveness of chiropractic for children was established in a scientific research study published in Explore: The Journal of Science and Healing. Chiropractic has been known to be safe and helpful for all kinds of illnesses and injuries. This study proves it is so for children. Chiropractic is the most popular form of practitioner based Complementary Alternative Medicine therapy for children.

Dr. Viola Frymann, an osteopathic doctor, examined 1500 infants over an 8 year period. All were examined within 5 days of birth but many were in the first 24 hrs. of life. This is what was found: 10% of newborns had perfect, freely mobile skulls or cranial mechanisms. 10% had severe trauma to the head, evident even to untrained individuals. **80% had some strain patterns to the cranial mechanism.**

An infant's spine grows 50% in the first year of life. Wouldn't you think it important for their mental and physical health to be checked by a chiropractor as soon as possible?

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