

The Atlas Times

Issue # 3

Baker – Borski Chiropractic, S.C.

March 2011

Happy St. Patrick's Day!



Welcome to the following New Patients!

Lance W.	Carol C.
Jennifer I.	Paula B.
Jonas H.	Luke H.
Rebecca H.	Sarah H.
Dave C.	Dean K.
Carrie K.	Carol R.
Bryant T.	Kathy B.
Patrick E.	Dayna E.
Stephanie B.	Tess B.

Thank you for your referrals!

Bonnie L.	Brent, Marcie & Allie S.
Ron B.	John & Kathy K.
Louann S.	Janice B.
Nathan B.	Marne B.
Sandy J.	Kerry W.
Lee B.	

Check out our website!!
www.bakerborski.com

Thank you to Ontogeny Advertising and Design for the design!

Change in hours:
We will be closed Friday through Sunday, March 4-6th so

we can attend a seminar through the weekend. We will be open Monday, March 7th as usual at 8:30 am!



\$

There, now that we have your attention we need to talk about insurance. We are a middle man when it comes to YOUR insurance. When we provide the courtesy of verifying your insurance we only know what we are told, which sometimes isn't correct. When they tell us your deductible has not been met, even if you have been to another provider before us in the same year, the other provider has not submitted claims yet that are being processed. This means that your deductible will have to be met at our office and maybe not at the other provider. Either way, you will have to pay for your services wherever you go until your deductible is met. That is why, when we are told there is a deductible yet to be met for the year, we ask that you pay for your services at that time. We are only acting on information provided by your insurance company. Part of your healthcare costs include paying for those people who work at clinics and hospitals processing your insurance. Be nice to them! We also save money, time, postage, supplies and employee wages if we don't have to

send out a lot of statements. So we really appreciate your keeping your deductible and co-insurance payments up to date! When providers have to constantly track these types of payments, it causes medical costs to rise with wages, etc. If your insurance deductible, co-pay, and/or premium went up this year or your benefits declined, that extra cost does not always go to the provider... it may be "absorbed" by your insurance provider. The only network we belong to has not raised our reimbursement for 3 years so if your costs have increased or your benefits decreased, the savings is passed to your employer or the insurance company. Please keep us posted as to any changes in your insurance as an error can cause weeks of delay. We file insurance mostly electronically each week. We only send paper claims to companies not set up for electronic claims. Those of you who have Medicare, your billing to your second insurance company (if you have one) is forwarded directly from Medicare to the secondary insurance company. There are only about 4 Medicare patients we here have to forward to secondaries because they are not accepting claims from Medicare directly. The minute we submit electronic billing we are notified that the claim is accepted or if there is a problem with the claim(s). So if the insurance company delays or denies because of errors or they "lose" the claim, it is not because of our error – that would be corrected immediately after submitting a claim. Even though electronic claims are accepted immediately, the company can delay processing for any number of reasons including "losing" an electronic claim that is accepted when we submit it.

If they key in data at the other end incorrectly to process the claim it is their error not ours.

Boniva/Actonel/Fosamax/Reclast

Long term biphosphonate use for osteoporosis is linked to subtrochanteric and femoral shaft fractures. In other words, the upper portion and long shaft of the thigh bone is especially subject to fracture. This is something I have written about before. These drugs promote poor bone substrate and retention of poor bone matrix instead of healthy new matrix so the bone fractures easily.

Cell phones and your brain

Prolonged use of cell phones alter the brain glucose metabolism if exposed to the phone for an hour or more. The change occurs in the brain closest to where the phone is located while using. The significance of this study is unknown – more later!

May the saddest day of your future be no worse than the happiest day of your past.

May you get all your wishes but one, so you'll always have something to strive for!

May God bring good health to your enemies' enemies!

My parents didn't want to move to Florida, but they turned sixty and that's the law.

Jerry Seinfeld

